



ROTARY CLUB OF SALIDA

SALIDA EXPRESS

GOLD MEDAL WINNER 2004-2005!!

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Editor: Donna Murphy
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NAMI, BY GEARY OREGLIA

Rotary Club of
Salida

P.O. Box 1099

Salida, CA 95368

www.salidarotary.org

Chartered May 5, 2000



President Harm Hilvers



**R.I. President
William Boyd**

“Lead the Way”
www.rotary.org



District 5220 Governor:

Bob Hobbs

“Score With Rotary”
rbbhobbs@comcast.net



Geary Oreglia ~file photo~

~by John Freeland - Each year about 5 million American adults suffer from acute episodes of one of five serious brain disorders: schizophrenia, bipolar disorder, major depression, obsessive-compulsive disorder, and panic disorder. More than 3 million of America’s children suffer from these disorders. Rotarian Geary Oreglia tells us that those living with people suffering from serious brain disorders live with the impact of these illnesses every day. Depending on the severity of the symptoms, those providing care can become overwhelmed by their loved one’s illness. NAMI, the National Alliance on Mental Illness, provides emotional and educational

support to both the victims of these illnesses and their families. NAMI meetings and discussions are informal and informative. Members can talk openly about their concerns, isolation, and successes. NAMI provides a positive support group, and strives to provide the latest information to families about brain disorders, medications, treatment plans, and contacts within the mental health system. NAMI provides a call line for persons going through a crisis.

Those suffering mental illness, and those close to them, often hide the disease from extended family and friends. The stigma of having a mental illness leads people keep to it a secret. It results in denial by the patient. This leads to patients who stop taking their medication. Those affected with mental illness can’t just “snap out of it.” the illness won’t allow it. Those suffering from mental illness can improve with proper medication and therapy. NAMI provides the support they need. Funding is always an issue. If you would like to help, donations can be mailed to NAMI Stanislaus, P.O. Box 4120, Modesto, CA 95352-4120. For more information, you can reach NAMI at 209-529-6880. Check out their website at www.geocities.com/namistanislaus/

Today:

A Salida resident and former Rotarian, **Heidi Santino** will talk to us about the Stanislaus Health Services Agency and the Foundation which supports its efforts. She will discuss the importance of medical treatment for all county citizens and how the foundation helps. Heidi is a former member of Modesto Sunrise Rotary and previously worked in the non profit sector, marketing & advertising, and has been with the Stanislaus Health Services Agency Foundation for the past 7 months. She’s married to David and has one daughter, Lauren, who will soon be a big sister to Jessica, due Sept. 5.

Next Week:

VOCATIONAL



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Officers 2006-2007:

President: J.R. Hilvers

jhilvers@tcco.com

- Secretary: Bob Williams
 - Treasurer: Jan Moore
 - Sgt-at-Arms: Joe Mendes
 - President Elect: Paul Sanders
- Directors:
- Club Service: Donna Murphy
 - Vocational: Susan Hartless
 - Community Service: George Halpin
 - International Service: Randy Broughton
 - Youth Service: Pam Bizzini

Others

- Internet: Donna Murphy Foundation – Randy Broughton

The 4-Way Test of the things we think, say or do:

1. Is it the truth?
2. Is it fair to all concerned?
3. Will it build goodwill and better friendships?
4. Will it be beneficial to all concerned?



The Rotary Club of Salida - Meets Fridays at 6:45 am at the Salida firehouse, at the corner of Salida Blvd and Broadway, just west of Hwy 99---

Meeting Notes 8/11/06 – Our guest today was Shannon Kettering, Principal of Salida Middle School – Welcome!

AUGUST RAFFLE PRIZE TO BE ANNOUNCED!

© AUGUST BIRTHDAYS©

10- Harm Hilvers

♥AUGUST ANNIVERSARIES♥

**3- Halpin, George & Shannon
24 – Broughton, Randy & Cindy**

CALENDAR/PROGRAMS – AUGUST IS MEMBERSHIP/EXTENSION MONTH

SEPTEMBER 1 – VOCATIONAL

SEPTEMBER 8 – ROGER HOSKINS

SEPTEMBER 15 – BOB HATMAKER,
Amigos de Guatemala

SEPTEMBER 22 – DIANA BARDEN –
Fiber Artists - A Rotary Fellowship

DISTRICT 5220

FAMILY OF ROTARY EVENT:

Day at the Ball Game – August 27, 2007
Giants vs Cincinnati at SF – 1:05 pm
Tickets - \$25 Bus to game - \$25

See calendar on the web



Salida Town & Country Parade & Festival 2006



WHEN YOU MISS – MAKE UP! Make up on line!<http://www.rotaryclubone.org/>

Monday

Modesto Gateway: Noon -Early Dawn
Modesto North: 6:15 pm -Appetéz

Tuesday

Manteca Morning: 6:45 am -Dr's Hosp.
Modesto: Noon -Double Tree
Newman – 12:10 pm –George Hotel
Tracy -12 Noon- Anthony's Steakhouse
Turlock: 12:15 pm -Turlock Turf Club

Wednesday

Modesto East: 12:15 pm -Hazel's
Ripon: 12:10 pm -Barnwood

See more at www.rotary5220.org

Oakdale: 12 Noon – Oakdale Country Club
Tracy Sun: – 6:45 am – Hometown Buffet
Turlock Sunrise: 7:am -Latif's

Thursday

Escalon: 6:45 am – Escalon High
Lathrop Sunrise: 6:30 am- Holiday Inn Express
Manteca: Noon - Isadore's
Modesto Sunrise: 7:00 am - S.O.S. Club
Riverbank – 7:15 am-Riverbank Fire Hall

Friday

Oakdale Sunrise – 6:45 am Oakdale Country Club
Ceres: 12:15 pm -Jenny's Fine Dining